

**FURTHER DETAILS REGARDING MAIN TOPICS OF  
PROGRAMME No. 12/2019 (Item No.29,30,31)**

**JUNIOR PUBLIC HEALTH NURSE GRADE II  
(NCA NOTIFICATION)**

**HEALTH SERVICES / MUNICIPAL COMMON SERVICE,**

*(Category No.055/2018,056/2018,057/2018)*

**COMMUNITY HEALTH NURSING**

- a. Concept of health
- b. Community Health practice
- c. Health problems and policies
- d. Health organisation
- e. Role of health team
- f. Structure of Community
- g. Dynamics of Community
- h. Community need assessment
- i. Communication methods & media
- j. Counseling
- k. Community based rehabilitation

**HEALTH PROMOTION**

## A.NUTRITION

- a.Essential nutrients
- b.Nutritional problems
- c.Nutritional assessment
- d.Promotion of Nutrition

## B.HUMAN BODY AND HYGIENE

- a.The Human body
- b.Hygiene of the body
- c.Optical functioning of the body

## C.ENVIRONMENTAL SANITATION

- a.Environmental Sanitation
- b.Safe water
- c.Disposal of Excreta and waste
- d.Community participation

## D.MENTAL HEALTH

- a.Mental Health
- b.Maladjustment
- c.Mental illness
- d.Old age care

## **PRIMARY HEALTH CARE-(PREVENTION OF DISEASE AND RESTORATION OF HEALTH)**

### A.INFECTION AND IMMUNIZATION

- a. Concept of disease
- b. Infection
- c. Immunity and body defense mechanisms
- d. Immunization
- e. Collection of specimen
- f. Disinfection and sterilization
- g. Waste disposal

## B. COMMUNICABLE DISEASE

- a. Introduction to communicable disease
- b. Communicable Disease
- c. Care in Communicable disease
- d. Epidemic Management

## C. COMMUNITY HEALTH PROBLEMS

- a. Care in sick in the community
- b. Fever
- c. Respiratory problems
- d. Aches and pains
- e. Digestive problems
- f. Urinary problems
- g. Cardiovascular problem
- h. Disease of the nervous system
- i. Metabolic Diseases
- j. Diseases of muscular skeletal system
- k. Care of handicap

## D.PRIMARY MEDICAL CARE

- a.Types of drugs
- b.Administration of drugs
- c.Drugs used in minor ailments
- d.Common emergency drugs

## E.FIRST AID AND REFERRAL

- a.Need for First Aid
- b.Minor Injuries and ailments
- c.Fractures
- d.Life Threatening conditions

## **CHILD HEALTH NURSING**

- a.Growth and development
- b.Nutrition of infants and children
- c.Children's Rights
- d.Care of the sick child
- e.Care of School children
- f.Care of adolescents
- g.Care of adolescent girls

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## **MIDWIFERY**

- a. Human Reproductive System
- b. Female Pelvis and foetal skull
- c. Foetus and placenta
- d. Normal pregnancy
- e. Antenatal Care
- f. Normal labour
- g. Care during normal labour
- h. Normal puerperium
- i. Care of new born
- j. High risk new Born
- k. Safe mother-hood
- l. High risk pregnancies
- m. Abnormalities of pregnancy
- n. Abortion
- o. Abnormal childhood
- p. Abnormal Puerperium
- q. Surgical Intervention
- r. Life cycle approach
- s. Status of women and empowerment
- t. Women's health problems
- u. RTIs and STIs

- v.HIV/AIDS
- w.Infertility
- x.Population Education
- y.Family welfare

### **HEALTH CENTRE MENAGEMENT**

- a.The sub centre
- b.Maintenance of stocks
- c.Co-ordination
- d.Implementation of national health program
- e.Update knowledge

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***NOTE: - It may be noted that apart from the topics detailed above, questions from other topics prescribed for the educational qualification of the post may also appear in the question paper. There is no undertaking that all the topics above may be covered in the question paper***