

FINAL ANSWER KEY

Question 112/2024/OL
Paper Code:
Category 240/2023
Code:
Exam: Clinical Psychologist
Date of Test 10-09-2024
Department Medical Education

Question1:-Among the following which depressive disorder is newly added in DSM-5?

- A:-Disruptive mood dysregulation disorder
- B:-Substance-Induced Mood Disorder
- C:-Dysthymic Disorder
- D:-Adjustment Disorder with Depressed Mood

Correct Answer:- Option-A

Question2:-Family type in which the relationship between a child and one parent involves a power struggle between the parents and resulting dominance of one parent

- A:-Marital Schism
- B:-Double bind
- C:-Pseudomutual
- D:-Marital Skew

Correct Answer:- Option-D

Question3:-_____ parenting style is high on warmth but low on discipline and control.

- A:-Authoritarian
- B:-Indulgent
- C:-Authoritative
- D:-Neglectful

Correct Answer:- Option-B

Question4:-_____ is a negative attitude toward another person or group formed in advance of any experience with that person or group.

- A:-Stereotype
- B:-Discrimination
- C:-Differential attitude
- D:-Prejudice

Correct Answer:- Option-D

Question5:-What does ICD stands for?

A:-International classification of Disorders

B:-International category of diseases

C:-International classification of diseases

D:-International category of disorders

Correct Answer:- Option-C

Question6:-Defense mechanism in which using contrived explanations to conceal or disguise unworthy motives for one's behaviour.

A:-Regression

B:-Reaction Formation

C:-Sublimation

D:-Rationalization

Correct Answer:- Option-D

Question7:-In Kelly's theory of attribution _____ is the extent to which an individual responds in the same manner to different stimuli or different occasion.

A:-Consistency

B:-Distinctiveness

C:-Consensus

D:-Disposition

Correct Answer:- Option-A

Question8:-_____ is a cognitive distortion in which drawing a specific conclusion without sufficient evidence.

A:-Catastrophizing

B:-Magnification

C:-Overgeneralization

D:-Arbitrary interference

Correct Answer:-**Question Cancelled**

Question9:-According to Erikson's Psycho-social Development the associated virtue of the period for autonomy Vs Shame or Doubt

A:-Purpose

B:-Hope

C:-Will

D:-Competence

Correct Answer:- Option-C

Question10:-In Freud's view of instinct _____ is the amount of force or intensity associated with the instinct

A:-Aim

B:-Object

C:-Source

D:-Impetus

Correct Answer:- Option-D

Question11:-Which among the following commonly found traits is absent in normal individuals

A:-Self-awareness and Self-knowledge

B:-Self-esteem and Self-acceptance

C:-Self-conscious and Self-punitiveness

D:-Self-affirmation and Self-regulation

Correct Answer:- Option-C

Question12:-Choose the correct options to match the following models of normality

- | | | |
|--------------------------------------|------|-------------------|
| 1. Absence of psychopathology | i. | Utopian model |
| 2. Normality as average | ii. | Medical model |
| 3. Normality is optimal functioning | iii. | Statistical model |
| 4. Normality as absence of distress | iv. | Process model |
| 5. Normality is dynamic and changing | v. | Subjective model |

Options :

A:-1-ii, 2-iii, 3-i, 4-v, 5-iv

B:-1-ii, 2-iv, 3-v, 4-i, 5-iii

C:-1-iii, 2-ii, 3-iv, 4-v, 5-i

D:-1-v, 2-iii, 3-iv, 4-i, 5-ii

Correct Answer:- Option-A

Question13:-Mental disorders were first included in the sixth revision of the International Classification of Diseases (ICD-6) in the year _____

A:-1947

B:-1949

C:-1945

D:-1952

Correct Answer:- Option-B

Question14:-Which among the following description of new approaches is the Trans diagnostic perspective of psychopathology?

A:-Mental disorders are a complex dynamical system of disorder symptoms

B:-Studying how psychological disorders develop over a person's life

C:-One's awareness, knowledge and ability to engage in effective and meaningful interactions with diverse individuals

D:-A way of looking at mental health problems that considers commonalities

across different types of disorders

Correct Answer:- Option-D

Question15:-Afsal is 12 years old and he has been creating trouble to his parents. He frequently lies about his doings and doesn't attend classes. He takes money from his father's wallet and spends it with his friends and become aggressive when confronted. He seems cold to scolding and even physical punishments. Also, he disturbs and hurts pets, domestic animals and younger children of neighborhood. What is the most appropriate diagnosis for this case?

A:-Opposition defiant disorder

B:-Conduct Disorder

C:-Antisocial personality disorder

D:-Kleptomania

Correct Answer:- Option-B

Question16:-Which among the following is a subcortical dementia?

A:-Alzheimer's dementia

B:-Parkinsons Dementia

C:-Lewy body dementia

D:-Prions disease

Correct Answer:- Option-B

Question17:-The 4 A's of Schizophrenia proposed by Eugen Bleuler doesn't include which option given below?

A:-Ambivalence

B:-Autism

C:-Affective disturbance

D:-Attentional impairment

Correct Answer:- Option-D

Question18:-Raju has recurrent intrusive images of his sister being nude, which he recognizes as a product of his thought process and feels absurd. He is very disturbed by this image and so he tries to resist it. The more he tries the more intense and difficult it is to get rid of the images and he is in deep distress to even face his family members. He has started taking bath many times in the day which provides a little relief. What is Raju suffering from?

A:-Generalized Anxiety disorder

B:-Obsessive Compulsive disorder

C:-Acute Polymorphic Psychotic Disorder

D:-Other persistent delusional disorder

Correct Answer:- Option-B

Question19:-Karim has episodes of wandering away from home. He mentions himself as Vinod and he refuses to know Karim. The termination of episodes is abrupt and Karim also refuses to know Vinod or is unaware about the episode itself.

Which among the following condition does Karim belong to?

- A:-Complex Partial Seizures
- B:-Dissociative Identity disorder
- C:-Dissociative fugue
- D:-Trance and Possession disorder

Correct Answer:- Option-C

Question20:-Alex has been a loner and lacks close friends and other relationships outside of the immediate family. He has too much social anxiety, which is ongoing and is a strong believer of special powers, like telepathy and the supernatural. He senses an absent person's presence at times and at times have illusions. He dresses in odd ways and appears messy sometimes wearing oddly matched clothes. He speaks in an odd way too. These symptoms characterize

- A:-Schizotypal disorder
- B:-Schizoid personality disorder
- C:-Schizophreniform disorder
- D:-Schizoaffective disorder

Correct Answer:- Option-A

Question21:-Among the following symptoms which is cardinal to Delusional disorder?

A:-Eccentricities, mannerisms, stereotypies, decreased self-care, social withdrawal guardedness and evasiveness general behavior

B:-Delusions (can be bizarre too), Schneiderian First rank symptoms, loosening of association and disordered form of thought

C:-Personality is disturbed in delusional area, nearly normal in other areas

D:-Insight in to the illness is present

Correct Answer:- Option-C

Question22:-Mahesh has been traumatized by the sight of a road traffic accident and the vivid images are haunting him. His friend suggested to have alcohol for relief. He complied to the suggestion and took a couple of drink to find relief and feel relaxed. Also, he had better sleep and woke up fresh the second day. Morning itself, he has repeated urge to consume large quantities of alcohol in anticipation of dealing with the memories of the incident and, he goes in pursuit of the substance. He is said to have

- A:-Craving
- B:-Withdrawal
- C:-Tolerance
- D:-All of the above

Correct Answer:- Option-A

Question23:-From the following options, choose the correctly matched statement with corresponding cognitive distortion.

- 1. Making broad interpretations from a single or few A. Fortune telling

- events
2. The belief that thoughts, actions or emotions influence reasoning
unrelated situations B. Emotional
3. The belief that you are responsible for events outside of your control C. Magical thinking
4. The expectation that a situation will turn out badly without adequate evidence D. Personalization
5. The assumption that emotions reflect the way things really are E. Overgeneralization

Options :

A:-1-E, 2-D, 3-A, 4-B, 5-C

B:-1-D, 2-C, 3-B, 4-A, 5-E

C:-1-C 2-A, 3-D, 4-E, 5-B

D:-1-E 2-C, 3-D, 4-A, 5-B

Correct Answer:- Option-D

Question24:-Herbert met with a motor accident and survived with some major injuries which he regained in due course of time. After the incident he has recurrent and intrusive recollections of the stressful event in flashbacks and dreams. He also feels re-experiencing the accident. Hence, he has been avoiding going out of the house and he has turned very sensitive to minute changes in the environment. What disorder does Hubert have?

A:-Obsessive Compulsive Disorder

B:-Depersonalization and Derealization

C:-Post Traumatic Stress Disorder

D:-Agoraphobia with Panic Disorder

Correct Answer:- Option-C

Question25:-Mariya came to the clinic with a number of specific somatic complaints. The physical symptoms she presented with include, stomach aches, back pain, joint pain, arm pain, chest pain and headaches. She also complains to menstrual irregularities, urinary pain and problems, burning in her genitals. Vomiting, nausea, diarrhoea, excessive gas, difficulty digesting certain foods, are the gastro intestinal difficulties and she also has difficulty with her sight hearing and balance. So she feels fatigued. Which among the following diagnosis will be the appropriate to make

A:-Somatization Disorder

B:-Hypochondriasis

C:-Pain disorder

D:-Factitious disorder

Correct Answer:- Option-A

Question26:-Meenu is 23 years old female who exhibits mood swings, anger and impulsiveness. She often feels bored and so she engages herself in risk taking

behaviours. Her interpersonal relationships are unstable and intense. She often threatens her family members that she will commit suicide and is quite manipulative. What is her probable diagnosis?

- A:-Borderline personality disorders
- B:-Histrionic personality disorders
- C:-Narcissistic personality disorders
- D:-Antisocial personality disorders

Correct Answer:- Option-A

Question27:-Which of the following disorder is a childhood disintegrative disorders?

- A:-Autism
- B:-Attention deficit hyperactivity disorder
- C:-Mental retardation
- D:-Childhood depression

Correct Answer:- **Question Cancelled**

Question28:-The following treatment strategies are proven useful for sexual disorders except

- A:-Psychoanalysis
- B:-Hypnosis
- C:-Group therapies
- D:-Aversive training

Correct Answer:- Option-D

Question29:-When individual suffer extreme financial loss, the disappointment and stress that individuals face may drive them towards committing suicide as a means of escape was termed by Durkheim as

- A:-Egoistic suicide
- B:-Altruistic suicide
- C:-Anomic suicide
- D:-Fatalistic suicide

Correct Answer:- Option-C

Question30:-Anupama is a 15 years old girl who consumes a large amount of food in a very short span of time while confronted with a stress evoking situation. Her eating pattern causes her considerable discomfort and feelings of self-denigration but she can't control the eating during the episode. The embarrassment, guilt and depression of eating is countered by eating th whole day consuming large quantities of food. Which diagnosis suits her the best?

- A:-Anorexia Nervosa
- B:-Bulimia Nervosa
- C:-Binge Eating Disorder
- D:-Depressive Disorder

Correct Answer:- Option-C

Question31:-Which of the following is not an association fiber tract?

A:-Corpus callosum

B:-Uncinate fasciculus

C:-Arcuate fasciculus

D:-Cingulum

Correct Answer:- Option-A

Question32:-The anatomical basis for working memory is

A:-Basal ganglia

B:-Lateral temporal neocortex

C:-Prefrontal cortex

D:-Medial temporal lobe

Correct Answer:- Option-C

Question33:-Generalised multiple spike and waves (polyspike-wave pattern) in EEG is suggested of which of the following epilepsy syndromes?

A:-West syndrome

B:-Absence epilepsy

C:-Juvenile myoclonic epilepsy

D:-Lennox-Gastaut syndrome

Correct Answer:- Option-C

Question34:-Which of the following is hyperintense on T1 weighted images in MRI?

A:-Air

B:-CSF

C:-Cortical bone

D:-Fat

Correct Answer:- Option-D

Question35:-Which of the following is not a circumventricular organ?

A:-Area postrema

B:-Adenohypophysis

C:-The median eminence

D:-The organum vasculosum of the lamina terminalis

Correct Answer:- Option-B

Question36:-The predominant blood supply of the medial medulla is by

A:-Anterior spinal artery

B:-Anterior inferior cerebellar artery

C:-Posterior inferior cerebellar artery

D:-Vertebral artery

Correct Answer:- Option-A

Question37:-Which of the following neurotransmitters is produced by cerebellar Purkinje cells?

A:-Acetylcholine

B:-Glycine

C:-Glutamate

D:-GABA

Correct Answer:- Option-D

Question38:-The circadian pacemaker is situated in which of the following hypothalamic nuclei?

A:-Suprachiasmatic nucleus

B:-Supraoptic nucleus

C:-Paraventricular nucleus

D:-Arcuate nucleus

Correct Answer:- Option-A

Question39:-Which of the following is not a component of epithalamus?

A:-Lamina terminalis

B:-Pineal body

C:-Habenular nuclei

D:-Striae medullaris

Correct Answer:- Option-A

Question40:-Which of the following MRI sequences are most useful for detecting calcification?

A:-SWI

B:-DWI

C:-T1 weighted images

D:-T2 FLAIR sequences

Correct Answer:- Option-A

Question41:-Which of the following is NOT a typical feature of cortical dementia?

A:-Aphasia

B:-Apraxia

C:-Agnosia

D:-Bradykinesia

Correct Answer:- Option-D

Question42:-Which of the following conditions is *least* associated with the development of subcortical dementia?

A:-Parkinson's disease

B:-Alzheimer's disease

C:-Huntington's disease

D:-Multiple sclerosis

Correct Answer:- Option-B

Question43:-Which of the following is a classic symptom associated with frontal lobe syndrome, particularly in the dorsolateral prefrontal cortex?

A:-Aphasia

B:-Impulsivity and disinhibition

C:-Severe memory loss

D:-Executive dysfunction

Correct Answer:- Option-D

Question44:-Which of the following cognitive changes is most likely in a patient with frontal lobe syndrome involving the orbitofrontal cortex?

A:-Increased distractibility and perseveration

B:-Hyperorality and inappropriate sexual behaviour

C:-Prosopagnosia and anomia

D:-Impaired procedural memory

Correct Answer:- Option-B

Question45:-Which neuropsychological test is most likely to assess an individual's ability to integrate visual and spatial information?

A:-Boston Naming Test

B:-Wisconsin Card Sorting Test

C:-Rey-Osterrieth Complex Figure Test

D:-Trail Making Test

Correct Answer:- Option-C

Question46:-Which of the following statements accurately reflects an aspect of community integration for individuals with TBI?

A:-Community integration primarily involves physical therapy to restore motor functions

B:-Community integration aims to support participation in social, recreational and vocational activities

C:-Community integration focuses solely on clinical improvements and does not involve social aspects

D:-Community integration is mainly concerned with returning individuals to their previous employment without additional support

Correct Answer:- Option-B

Question47:-Which of the following is a common neuropsychological deficit associated with Wernicke-Korsakoff syndrome due to chronic alcohol use?

- A:-Impaired visual memory
- B:-Difficulty with spatial reasoning
- C:-Severe anterograde amnesia
- D:-Dyslexia

Correct Answer:- Option-C

Question48:-Match the neurofeedback protocol to its primary targeted brain wave frequency

Protocols	Brain wave frequencies
1. Alpha-Theta Training focusing	A. Enhances alertness and cognitive functions by on higher frequency beta waves
2. Beta-Theta Training waves to	B. Targets the balance between theta and beta address attention deficits and improve focus
3. SMR (Sensorimotor Rhythm) Training	C. Aims to increase alpha and theta waves to promote relaxation and reduce symptoms on anxiety.
4. Theta-Beta Training	D. Focuses on improving sensorimotor rhythm to manage symptoms related to motor control and epilepsy

Which of the following options correctly matches each protocol with its targeted brain wave frequency?

- A:-1-C; 2-B; 3-D; 4-A
- B:-1-B; 2-A; 3-C; 4-D
- C:-1-D; 2-C; 3-A; 4-B
- D:-1-A; 2-D; 3-B; 4-C

Correct Answer:- Option-A

Question49:-Which cognitive function is most likely to be affected by damage to the hippocampus, located in the temporal lobe?

- A:-Long-term memory consolidation
- B:-Executive function
- C:-Motor coordination
- D:-Color perception

Correct Answer:- Option-A

Question50:-Which statement accurately reflects the concept of lateralization in the brain?

- A:-Both hemispheres of the brain perform identical function sand are interchangeable
- B:-The left hemisphere is typically associated with language processing and logical reasoning, while the right hemisphere is more involved in spatial abilities and creative tasks
- C:-Lateralization means that each hemisphere of the brain controls the same

functions but in different ways

D:-The concept of lateralization suggests that cognitive functions are entirely localized in the brainstem

Correct Answer:- Option-B

Question51:-Which of the following best describe a "circumstantial" thought process during a mental status examination?

A:-Thoughts that are logical but include excessive detail irrelevant to the main point

B:-Thoughts that jump from one topic to another with no logical connection

C:-A sudden and abrupt interruption of thoughts

D:-Thoughts that are clearly organized and goal-directed

Correct Answer:- Option-A

Question52:-Which of the following subtests in the WMS-IV assesses immediate and delayed recall of a story?

A:-Logical memory

B:-Visual reproduction

C:-Verbal paired associates

D:-Symbol span

Correct Answer:- Option-A

Question53:-The Flynn Effect refers to

A:-The decline in IQ scores over generations

B:-The increase in average IQ scores over generations

C:-The influence of environmental factors on IQ test performance

D:-The effect of test anxiety on IQ test results

Correct Answer:- Option-B

Question54:-Which psychologist is credited with developing the concept of "mental age" and the first practical intelligence test?

A:-Alfred Binet

B:-Charles Spearman

C:-Louis Thurstone

D:-David Wechsler

Correct Answer:- Option-A

Question55:-Which of the following is a primary function of the MMPI-2's K scale (Correction)?

A:-To identify individuals who are providing excessively favourable self-descriptions

B:-To detect inconsistencies in responses across similar items

C:-To measure the degree of defensiveness and attempt to control how one is perceived

D:-To identify exaggerated or fabricated psychological symptoms

Correct Answer:- Option-C

Question56:-In the context of projective drawing techniques, such as the Draw-A-Person (DAP) Test, what might exaggerated size of hands or fingers in a drawing indicate about the individual?

A:-A strong focus on intellectual pursuits and cognitive abilities

B:-An underlying preoccupation with aggression or power dynamics

C:-A tendency towards social withdrawal and introspection

D:-A heightened sense of emotional vulnerability and dependence on others

Correct Answer:- Option-B

Question57:-Which of the following best describes the primary cognitive ability assessed by Raven's Progressive Matrices?

A:-Verbal reasoning and vocabulary

B:-Short-term memory and recall

C:-Abstract reasoning and problem-solving

D:-Emotional intelligence and empathy

Correct Answer:- Option-C

Question58:-In intelligence testing, which scale is used to describe an individual's performance relative to a normative sample?

A:-Standard score

B:-Raw score

C:-Percentile Rank

D:-Z-Score

Correct Answer:- Option-C

Question59:-Which of the following tests is NOT part of the Halstead-Reitan Neuropsychological Battery?

A:-Trail Making Test

B:-Category Test

C:-Wisconsin Card Sorting Test

D:-Finger Tapping Test

Correct Answer:- Option-C

Question60:-According to Henry Murray's theory underlying the TAT, which of the following is emphasized as a critical factor in interpreting a subject's responses?

A:-The subject's ability to recall specific details about the images

B:-The subject's personal experiences and how they relate to the themes in the stories

C:-The frequency and accuracy of responses to each image presented

D:-The subject's ability to articulate logical and coherent narratives

Correct Answer:- Option-B

Question61:-Which personality theory emphasizes the influence of unconscious processes and early childhood experiences?

A:-Behavioral

B:-Psychoanalytic

C:-Cognitive

D:-Humanistic

Correct Answer:- Option-B

Question62:-According to Carl Rogers, which of the following is essential for personal growth?

A:-Unconditional positive regard

B:-Observational learning

C:-Defense mechanisms

D:-External reinforcement

Correct Answer:- Option-A

Question63:-The definition of - "The dynamic organization within the individual of those psychophysical systems that determine their unique adjustments to their environment" was given by -

A:-Sigmund Freud

B:-Wilhelm Wundt

C:-Gordon Allport

D:-Carl Roger

Correct Answer:- Option-C

Question64:-Albert Bandura's concept of self-efficacy is a central idea in which of the following theories?

A:-Psychoanalytic theory

B:-Dispositional theory

C:-Social-cognitive theory

D:-Humanistic-existential theory

Correct Answer:- Option-C

Question65:-Which of the following is an example of a projective test used in personality assessment?

A:-Minnesota Multiphasic Personality Inventory (MMPI)

B:-NEO Personality Inventory

C:-Rorschach Inkblot Test

D:-Myers-Briggs Type Indicator (MBTI)

Correct Answer:- Option-C

Question66:-According to Karen Horney, which of the following is a primary factor contributing to the development of neurosis?

- A:-Inferiority complex
- B:-Parental indifference
- C:-Fixation at a psychosexual stage
- D:-Defense mechanisms

Correct Answer:- Option-B

Question67:-Which personality theory integrates both psychoanalytic and behavioral approaches to understanding personality?

- A:-Sullivan's Interpersonal Theory
- B:-Dollard and Miller's Psychoanalytic Learning Theory
- C:-Rogers' Humanistic Theory
- D:-Murray's Personology

Correct Answer:- Option-B

Question68:-Object Relations Theory primarily deals with :

- A:-The relationship between the id, ego and superego
- B:-Interpersonal relationships and their impact on personality
- C:-The innate drives and their influence on behavior
- D:-The influence of environment on personality development

Correct Answer:- Option-B

Question69:-Which personality theory posits that traits are hierarchically organized, starting from specific responses to habitual responses, traits, and finally to super traits?

- A:-Carl Jung's theory
- B:-Hans Eysenck's theory
- C:-Gordon Allport's theory
- D:-Jerry Wiggins' Circumplex theory

Correct Answer:- Option-B

Question70:-In Indian typology, personality is a result of the following

- A:-Sanguine, Choleric, Phlegmatic
- B:-Sattva, Rajas, Tamas
- C:-Dosha, Prana, Agni
- D:-Earth, Water, Fire

Correct Answer:- Option-B

Question71:-Which neurotransmitter is most commonly associated with the regulation of mood and is often linked to stress responses?

A:-Dopamine

B:-Serotonin

C:-GABA

D:-Glutamate

Correct Answer:- Option-B

Question72:-Which system is primarily involved in the neuroendocrine response to stress, initiating the release of cortisol?

A:-Sympathetic nervous system

B:-Hypothalamic-Pituitary-Adrenal (HPA) axis

C:-Limbic system

D:-Reticular activating system

Correct Answer:- Option-B

Question73:-In psychosomatic medicine, which of the following is most likely to be influenced by psychological stress?

A:-Infectious diseases

B:-Genetic disorders

C:-Autoimmune diseases

D:-Respiratory diseases

Correct Answer:- Option-C

Question74:-Which of the following is a psychosocial issue commonly associated with cardiovascular diseases?

A:-Altered sensorium

B:-Emotional regulation difficulties

C:-Sleep disturbances

D:-Sexual dysfunction

Correct Answer:- Option-B

Question75:-In the context of preparing a patient for amputation, which psychological approach is considered most effective?

A:-Rational Emotive Behavior Therapy (REBT)

B:-Psychoanalysis

C:-Dialectical Behavior Therapy (DBT)

D:-Cognitive-Behavioral Therapy (CBT)

Correct Answer:- Option-D

Question76:-Which of the following is a probability sampling method?

A:-Convenience sampling

B:-Snowball sampling

C:-Stratified sampling

D:-Quota sampling

Correct Answer:- Option-C

Question77:-Which of the following is a non-parametric test?

A:-T-test

B:-ANOVA

C:-Chi-square test

D:-Pearson correlation

Correct Answer:- Option-C

Question78:-Which of the following experimental designs involves both randomization and the use of control and experimental groups?

A:-Single-subject design

B:-Completely randomized design

C:-Non-experimental design

D:-Randomized block design

Correct Answer:- Option-B

Question79:-Which statistic measures the probability that a diagnostic test will correctly identify those with the disease?

A:-Specificity

B:-Sensitivity

C:-Positive predictive value

D:-Negative predictive value

Correct Answer:- Option-B

Question80:-In a factorial design, what is the primary advantage of studying multiple factors simultaneously?

A:-It increases the sample size

B:-It allows for the analysis of interaction effects between factors

C:-It simplifies the experimental procedure

D:-It eliminates the need for randomization

Correct Answer:- Option-B

Question81:-Which of the following is correct?

A:-Play analysis technique was primarily highlighted by Melanie Klein and involves child's free play being considered as equivalent to free association using language in an adult

B:-Play analysis technique was primarily emphasized by Anna Freud to explore different kinds of play among children and adults

C:-Play analysis technique was primarily stressed by Donal Winnicott to explore solitary and parallel play of children

D:-Play analysis technique was mainly emphasized by Margaret Mahler and is

a behavioural technique of studying children's play behaviour to understand the nature of reinforcements and punishment received by them

Correct Answer:- Option-A

Question82:-Which Acts addresses the appropriate Government to formulate schemes and programmes to facilitate and support vocational training and self-employment of individuals?

A:-Mental Health Care Act 2017

B:-Rights to persons with Disabilities Act, 2016

C:-RCI Regulations (Amendment) Act 2000

D:-Both Rights of Persons with Disabilities Act, 2016 and RCI Regulations Act 2000

Correct Answer:- Option-B

Question83:-The facilitating relationship for demonstrating empathy, genuineness, congruence and unconditional positive regard toward the client is referred to as _____.

A:-Counter-transference

B:-Transference

C:-Both transference and counter transference

D:-Working alliance

Correct Answer:- Option-D

Question84:-The triple effort of *dharana-dhyana-samadhi* _____.

A:-*bahiranga*

B:-*antaranga*

C:-*samyama*

D:-*pratyahara*

Correct Answer:- Option-C

Question85:-The human being is viewed by client-centred therapy as an

A:-pathological being

B:-experiential being

C:-reactive being

D:-passive being

Correct Answer:- Option-B

Question86:-Deliberate self-harm in borderline personality disorder clients has been found to be successfully managed by _____.

A:-Cognitive therapy

B:-Psychoanalysis

C:-Dialectical behaviour therapy

D:-Rational emotive therapy

Correct Answer:- Option-C

Question87:-Recording the therapy sessions can be done by _____

A:-Any therapist without prior notice of the client

B:-any therapist only after seeking prior consent of the client

C:-any therapist essentially to keep a record of the client's details and to see one's progress in the therapeutic process

D:-any therapist to counter the client if he says contradictorily during different sessions regarding a particular issue

Correct Answer:- Option-B

Question88:-"Transference resistance" means that

A:-the patient fights against the development of a transference and thus prevents the analyst from being able to tap the source of intra-psychoic conflict

B:-it is a substitute pathology that reiterates fundamental pathology, in which the patient psychologically regresses to early stages of development and returns to the source of personality problems in the past in order to transcend them

C:-it is primarily an unrealistic distortion from the past, both positive or negative, for it does not pertain to reactions resulting from reality factors and aids the therapeutic process

D:-the transference itself is used as a resistance by stubbornly adhering to irrational transference manifestations instead of utilizing the transference as a path to earlier experiences and memories

Correct Answer:- Option-D

Question89:-Clarification, paraphrasing and summarizing during a clinical interview with a client are examples of

A:-active listening

B:-passive listening

C:-maintaining confidentiality

D:-being non-judgemental of the client

Correct Answer:- Option-A

Question90:-_____ is linked with spiritual liberation and transformation of the person, being the ultimate goal in Yoga, while it is _____, being the pursuit of transcendence from existential bondage in Buddhism

A:-*Samadhi; arhatship*

B:-*Arhatship, nirvana*

C:-*Nirvana, arhatship*

D:-*Kaivalya, nirvana*

Correct Answer:- Option-D

Question91:-Which of the following is incorrect in the context of computerized CBT? Computerized CBT can be used to effectively treat depression and anxiety:

A:-in rural settings where there is a lack of suitably trained practitioners

B:-in settings where the client does not prefer to visit a mental health practitioner physically

C:-in remote settings where there is no internet connection available

D:-in settings where the client is unable to visit a mental health practitioner physically because of some constraints

Correct Answer:- Option-C

Question92:-A psychologist has some issues related to one's personality. The mental health professional aims to render service for the welfare of the society. What ethical standard may primarily serve as a hindrance for the clinician to become efficient?

A:-Human relations

B:-Privacy and confidentiality

C:- Education and training

D:-Competence

Correct Answer:- Option-D

Question93:-Which of the following does not fall under "third-wave" cognitive behaviour therapies?

A:-Psychoanalytically-oriented psychotherapy and TFP

B:-MBSR and MBCT

C:-DBT and ACT

D:-Internet and smart-phone MBIs

Correct Answer:- Option-A

Question94:-An art therapist encourages clients to express feelings of frustration in their art work. The clients are engaging in

A:-Sublimation

B:-Catharsis

C:-Displacement

D:-Projection

Correct Answer:- Option-B

Question95:-Which of the following must not be a characteristic feature of a therapeutic climate/ambience?

A:-Safe

B:-Open

C:-Non-threatening

D:-Confidential

Correct Answer:- Option-B

Question96:-Which of the following behaviour does not indicate counter-transference feelings?

A:-Dreaming about the client

B:-Being punctual for the session

C:-Forgetting an appointment

D:-Hesitating to ask for the fee

Correct Answer:- Option-B

Question97:-Client-centred therapy is deceptively simple in statement, but decidedly difficult in practice. Briefly, the client-centred approach holds that in order to effect psychological growth, it is only necessary that a client who is vulnerable or anxious come into contact with a therapist who is congruent and whom the client perceives as providing an atmosphere of unconditional positive regard or acceptance and accurate empathy. But therein lies the difficulty. To be congruent and to have unconditional positive regard and empathic understanding for the other are not easily obtainable goals. Client-centred therapy highlights _____ and _____ tendencies

A:-Formative; actualizing

B:-Creative; directive

C:-Non-directive; actualizing

D:-Formative; non-directive

Correct Answer:- Option-A

Question98:-Which of the following is not true with regard to therapeutic interventions associated with HIV/AIDS?

A:-Addressing issues of stigma and nature of support-system available

B:-Explaining a client's behaviour analytically

C:-Psycho-educating a client about being HIV positive vs. a condition where the client suffers from AIDS and about issues related with one's immunity

D:-Working with one's emotions and crisis-intervention

Correct Answer:- Option-B

Question99:-Efficacy studies related to psychotherapy are usually engaged in

A:-pre-assessment

B:-Post-assessment

C:-Both pre- and post-assessment

D:-Only therapeutic process

Correct Answer:- Option-C

Question100:-Token economy is often used with :

A:-Depressive clients

B:-Clients with substance abuse

C:-Clients with anxiety disorders

D:-Clients with dissociative disorders

Correct Answer:- Option-B