## **FINAL ANSWER KEY**

Question 46/2025/OL

Paper Code:

Category 467/2024

Code:

Exam: Medical Officer Ayurveda

Date of Test 31-05-2025

Department Indian Systems of Medicine

Question1:-Match the following based on vriddhi kshaya dosha lakshana explained by Ashtanga Hridaya Sutra sthana 11th chapter

Sladhangata
 Sladhasandhita
 Agni nasa
 Krisangata
 Netranga gaurava
 Rakta vriddhi
 Majja vriddhi
 Kapha vriddhi
 Kapha kshaya
 Medo kshaya

A:-1-d, 2-c, 3-b, 4-e, 5-a

B:-1-b, 2-e, 3-a, 4-d, 5-c

C:-1-c, 2-d, 3-a, 4-e, 5-b

D:-1-e, 2-b, 3-a, 4-d, 5-c

Correct Answer:- Option-C

Question2:-According to Ashtanga Hridaya sutra sthana 12th chapter, Rasa is the dosha sthana of

A:-Vata and Pitta

B:-Pitta and Kapha

C:-Pitta

D:-Kapha

Correct Answer:- Option-B

Question3:-According to Ashtanga Hridaya sutra sthana 13th chapter, oushadha kala of Vyana Vayu is

A:-After breakfast

B:-Before breakfast

C:-After supper

D:-Before supper

Correct Answer: - Option-A

Question4:-According to Charaka Sutra sthana 5th chapter, which dinacharya is regarded as Sutwak bhavati cha ananam?

A:-Gandusham

B:-Murdhni tailam

C:-Abhyamgam

D:-Udwartanam

Correct Answer:- Option-B

Question5:-According to Ashtanga Hridaya 8th chapter which among the following statement is true in regarding with ahara?

- A. Samasama leads to ghora vyadhi
- B. Vidagdajeerna caused by Vata is treated by swedana
- C. Asudha Udghara is the lakshan of rasasesha ajeerna
- D. Yavaka is advised as a daily diet

A:-Only D is true

B:-C and D are true

C:-Only A is true

D:-B and C are true

Correct Answer:- Option-C

Question6:-According to Ashtanga Hridaya sutra sthana 2nd chapter Anusukha mardana is the paschat karma of which dinacharya

A:-Abhyanga

B:-Udwartana

C:-Vyayama

D:-Both 1 and 2

Correct Answer:- Option-C

Question7:-According to Charaka sutra sthana 21st chapter, match the following with respect to Ashta dosha of Atisthula.

1. Daurbalya

a. Sleshmasamsargat vishyandhitwat

2. Ayusho hrasam3. Daurgandyamb. Medaswabhavat swedanat chac. Meda eva upacheeyate

4. Swedaabada

d. Asamtwadhatunam

A:-1-c, 2-d, 3-a, 4-b

B:-1-d, 2-c, 3-b, 4-a

C:-1-c, 2-d, 3-b, 4-a

D:-1-d, 2-c, 3-a, 4-b

Correct Answer:- Option-B

Question8:-According to Ashtanga Hridaya nidana sthana 15th chapter, which among the following statements are true regarding to Vata kopa?

- A. Aggrevated Vata in Pakwasaya leads to trika graha
- B. Mamsagata Vayu leads to mushtidandahatopamam
- C. Medogata Vayu leads to mushtidandahatopamam
- D. Asthigata vata leads to Asthisushiryam

A:-B, C and D are true

B:-A, B and D are true

C:-B and C are true

D:-A, B and C are true

Correct Answer: - Option-D

Question9:-According to Ashtanga Hridaya nidana sthana 14th chapter gatikshaya is the lakshana of which dhatugata kushta?

A:-Medas

B:-Majja

C:-Asthi

D:-Rasam

Correct Answer: - Option-A

Question 10:-According to Ashtanga Hridaya Nidana sthana 13th chapter in which type of Sopha the skin feels like coated with Sarshapa lepa?

A:-Vata

B:-Pitta

C:-Abhighataja

D:-Vishaja

Correct Answer:- Option-A

Question11:-According to Ashtanga Hridaya Nidana sthana 12th chapter which types of Vata are involved in the samprapti of udara roga?

A. Prana

B. Udana

C. Vyana

D. Samana

E. Apana

A:-A and D only

B:-D and E only

C:-A and E only

D:-A, D and E only

Correct Answer:- Option-C

Question12:-According to Ashtanga Hridaya nidana sthana 11th chapter which among the following combination is wrong?

A:-Gulma: Dushta Raktasraya

B:-Vidradhi : Seegrapaki

C:-Tridosha Gulma : Seegrapaki

D:-Gulma: Chira paki

Correct Answer:- Option-A

Question13:-Consider the below statements based on Ashtanga Hridaya Nidana Sthana 10th chapter.

Statement I - Vata vyadhi is caused either by Avarana or Dhatukshaya.

Statement II - Madhu meha is caused either by Avarana or Dhatukshaya.

A:-Both I and II are true

B:-Both I and II are false

C:-I is true, II is false

D:-I is false, II is true

Correct Answer: - Option-A

Question14:-According to Ashtanga hridaya Nidana sthana 7th chapter, abortion/miscarriage and abnormalities in fetal development is considered as nidana of which disease?

A:-Udara

B:-Gulma

C:-Arsas

D:-Atisaram

Correct Answer:- Option-C

Question15:-According to Ashtanga Hridaya Nidana 5th chapter asraya of arochaka.

A:-Jihwa and Amasaya

B:-Jihwa and Hridaya

C:-Jihwa

D:-Jihwa, Amasaya and Hridaya

Correct Answer:- Option-B

Question16:-Analyse the following statements according to Ashtanga Hridaya Nidana sthana 3rd chapter

A. Urdwa raktapitta is Sadhya

R. Bahu oushadham, Pittam varam Virechanam

A:-A is true and R is correct explanation of A

B:-A and R are true, but R is not the correct explanation of A

C:-A is true and R is false

D:-A false and R is true

Correct Answer: - Option-A

Question17:-What is the hallmark ECG finding in myocardial infarction?

A:-PR interval shortening

B:-Prolonged QT interval

C:-ST elevation

D:-ST depression

Correct Answer:- Option-C

Question18:-Which one is the ingredient of Dooshivishari Agada?

A:-Mamsi

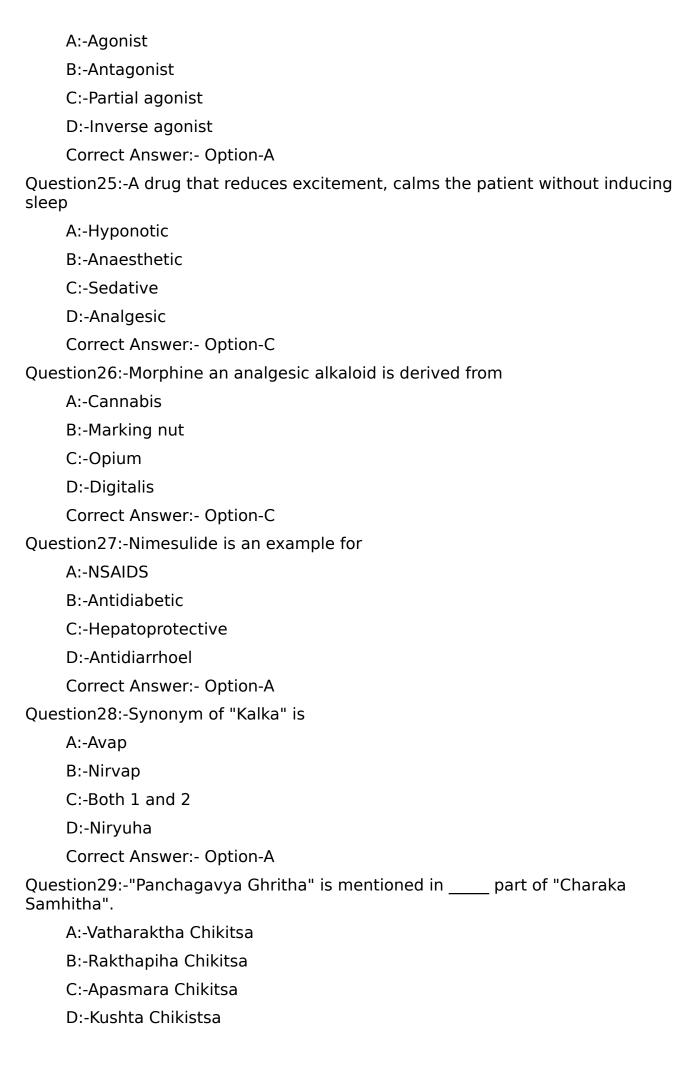
B:-Amruta

C:-Shunti

Correct Answer:- Option-A	
Question19:-According to Susrutha, which of the following is one of the upadrava Dooshivisha?	a of
A:-Jwara	
B:-Pandu	
C:-Kotha	
D:-Shwasa	
Correct Answer:- Option-A	
Question20:-IPC Section dealing with punishment for rape	
A:-307 IPC	
B:-304 IPC	
C:-375 IPC	
D:-376 IPC	
Correct Answer:- Option-D	
Question21:-During postmortem examination odour of bitter almond is found in case of poisoning.	
A:-Hydrocyanic acid	
B:-Nitric acid	
C:-Acetic acid	
D:-Carbolic acid	
Correct Answer:- Option-A	
Question22:-Useful part of Surasa in Vilwadi gulika	
A:-Whole plant	
B:-Root	
C:-Stem	
D:-Flower	
Correct Answer:- Option-D	
Question23:-Specialized target molecules present on the cell surface which bind with specific drugs and mediate pharmacologic actions are called	S
A:-Mediators	
B:-Harmones	
C:-Receptors	
D:-Enzymes	
Correct Answer:- Option-C	
Question24:-A drug which initiates pharmacological action after binding to the	

D:-Triphala

receptors



Correct Answer:- Option-C

Question30:-"Janayathi jadharagnim vathagulmam nihanthi cha" is the indication of

- A:-Vaiswanara Churna
- B:-Ashta Churna
- C:-Shaddharana Churna
- D:-All the above

Correct Answer:- Option-B

Question31:-As per Sharangadhara Acharya "Pinda Thailam" is useful for the treatment of

- A:-Sitha
- B:-Madhu
- C:-Madhu and Guda
- D:-Vatharaktha

Correct Answer:- Option-D

Question32:-In general, "Ksheerapaka Kalpana" the proportion of drug, milk and water is

A:-1:8:32

B:-1:16:32

C:-1:8:64

D:-1:8:16

Correct Answer:- Option-A

Question33:-As per Sharangadhara Acharya the specific metallic container used in the preparation of "Kushmandavaleha"

- A:-Swarna
- B:-Tamra
- C:-Mrith
- D:-Loha

Correct Answer:- Option-B

Question34:-"Urusthambamajeernam cha pleehanam nashayedapi" is the indication of

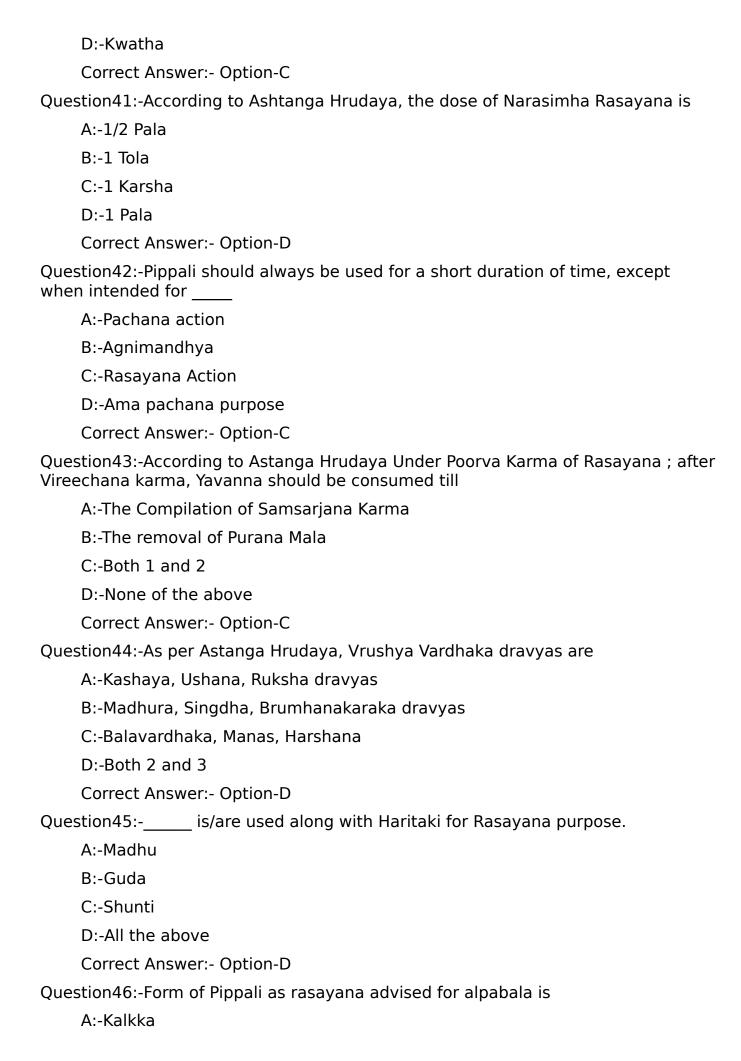
- A:-Vaiswanara Churna
- B:-Ashta Churna
- C:-Mandooravatakam
- D:-All the above

Correct Answer:- Option-C

Question35:-"Avapidana" is a type of

A:-Anjana

B:-Kavala	
C:-Karnapurana	
D:-Nasya	
Correct Answer:- Option-D	
Question36:-"Kuruthe Parivridhim cha samyak upasithah". Which is mentioned here ?	
A:-Dinacharya	
B:-Vasthi	
C:-Rasayana	
D:-Vajeekarana	
Correct Answer:- Option-B	
Question37:-If an Ayurvedic drug so coloured, coated, powered or polished that damage is concealed or if it is made to appear of betteror greater therapeutic val than it really is termed as	ue
A:-Adulterated drug	
B:-Spurious drug	
C:-Mis-branded drug	
D:-All the above	
Correct Answer:- Option-C	
Question38:-According to Astanga Hrudaya ratio of ghee with Lashuana provides Rasayana Action.	
A:-Double quantity to that of Lashuna	
B:-Equal quantity to that of Lashuna	
C:-Half quantity to that of Lashuna	
D:-One fourth quantity to that of Lashuna	
Correct Answer:- Option-B	
Question39:-As per Charaka Samhita, Which of the following is/are avoided while administering Shilajitu?	
A:-Kulatta	
B:-Dugdha	
C:-Takra	
D:-All the above	
Correct Answer:- Option-A	
Question40:-According to Charaka Samhita, Which form of Shanka pushpi exerts Medhya Rasayana Action?	
A:-Swarasa	
B:-Hima	
C:-Kalka	



B:-Kwatha C:-Churna D:-Ksheerapaka Correct Answer:- Option-C Question47:-In which Grahani, 'Raseshu gruddhi sarveshu' mentioned A:-Vata B:-Pitta C:-Kapha D:-Sannipata Correct Answer:- Option-A Question48:-Drug which is not an ingredient of Saptasama gutika A:-Bhallataka B:-Tila C:-Sundi D:-Yashti Correct Answer:- Option-D Question49:-In Apanavayu vaigunya time advised for oushada sevana A:-Before food **B:-During food** C:-After food D:-In between food Correct Answer:- Option-A Question50:-Tuvaraka for rasayana is advised to collect during A:-Greeshma B:-Varsha C:-Vasantha D:-Hemantha Correct Answer:- Option-B Question51:-Anupana of Narayana Churna suggested for vataroga A:-Prasanna B:-Grita C:-Takra D:-Madhu Correct Answer:- Option-A Question52:-Gudapippali is indicated in A:-Pandu

B:-Udara C:-Hridroga D:-Arssoroga Correct Answer:- Option-B Question53:-Mayurapicha Bhasma is specially indicated in A:-Charddi B:-Hikka C:-Rektapitta D:-Pandu Correct Answer:- Option-B Question54:-Tilwaka grita without trivrut is advised in A:-Vatavyadi B:-Krimi C:-Jwara D:-Kamala Correct Answer:- Option-C Question55:-Rohitaka grita specially indicated in A:-Plihodara B:-Badhodara C:-Pandu D:-Haleemaka Correct Answer:- Option-A Ouestion 56:-Chorea is caused due to lesion at A:-Subthalamic nucleus B:-Sabstantia nigra C:-Red nucleus D:-Caudate nucleus Correct Answer:- Option-D Question 57:- Which is not a cause of Tremor at rest? A:-Parkinsonism B:-Wilson's disease C:-Old age D:-Hyperthyroidism Correct Answer:- Option-D Question58:-The most common site of intestinal malignancies

A:-Stomach

**B:-Appendix** C:-Oesophagus D:-Duodenum Correct Answer:- Option-D Question59:-Icterus is most marked in sclera because A:-High content of collagen B:-High content of elastin C:-It is white D:-Less blood circulation Correct Answer:- Option-B Question60:-The most common cause of bladder incontinence in the old age is A:-Diabetes B:-Prostatic surgery C:-Detrusor muscle instability D:-Spinal injuries Correct Answer:- Option-C Question61:-Nasya in dhurdina leads to A:-Peenasa B:-Pootinasa C:-Nasasrava D:-Nasapakam Correct Answer:- Option-B Question62:-Which one of the following is not an ingredient in the kalkkadravya of Erandamooladi vasti? A:-Satahwa B:-Yashti C:-Pippali D:-Sarshapa Correct Answer:- Option-D Question63:-Sneha advised in Sarat ritu is A:-Grita B:-Yamaka

Question64:-The measurement of Vastinetra in an adult is

C:-Taila

D:-Vasa

Correct Answer:- Option-A

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B:-10 angula
    C:-12 angula
    D:-6 angula
    Correct Answer:- Option-C
Question65:-According to Vagbhata, Nasya should be administered in morning
during
    A:-Hemanta and Sisira
    B:-Greeshma and Varsha
    C:-Sarad and Hemanta
    D:-Vasanta and Sarad
    Correct Answer:- Option-D
Question66:-Prayogika Dhumapana kalas told by bagbhata are
    A:-5 Nos
    B:-8 Nos
    C:-11 Nos
    D:-None of the above
    Correct Answer:- Option-B
Question67:-Equipment used for raktamokshana in vatadushta rakta
    A:-Sringa
    B:-Jalouka
    C:-Alabu
    D:-Ghatiyantra
    Correct Answer: - Option-A
Question68:-Which one is not a symptom in Atiyogaja Vastivyapat?
    A:-Hikka
    B:-Hrutpeeda
    C:-Parikartika
    D:-Charddi
    Correct Answer:- Option-D
Question69:-Drug which makes Vamana and Virechana?
    A:-Yashti
    B:-Tuvaraka
    C:-Saptachhada
    D:-Indravaruni
    Correct Answer:- Option-B
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A:-8 angula

Question 70:- Which one is not an ingredient of Upanaha? A:-Churna B:-Lavana C:-Ksheera D:-Guda Correct Answer:- Option-D Question71:-Kalanthara Pranahara Hara Marma has the qualities of A:-Agneya B:-Soumya C:-Vayavya D:-Both 1 and 2 Correct Answer: - Option-D Question72:-A tough-walled abscess, which usually forms as a seguela of inadequate or lack of pus drainage during infection and inappropriate use of antibiotics by the patient is called A:-Antibioma B:-Benign tumor C:-Dysplasia D:-Melanoma Correct Answer: - Option-A Question73:-Rujakara Marma - when injured in their ends gives rise to A:-Athi theevra vedana B:-Mitha vedana C:-Theevra vedana D:-None of the above Correct Answer:- Option-C Question74:-According to S. Das Concise Text Book of Surgery, Popliteal abscess caused by A:-Suppuration of regional lymph nodes B:-Osteomyelitis of lower end of femur or upper end of tibia C:-Infection of the local cellular tissue D:-All the above Correct Answer:- Option-D Question 75:- According to Sushrutha Samhitha which of the following marma vidha causes death by "Shonitha kshaya"? A:-Kshipra

B:-Indrabasthi

C:-Thalahridaya

D:-Kurcha sira

Correct Answer:- Option-B

Question76:-According to S. Das Concise Text Book of Surgery, Commonest site of Carbuncle

A:-Mostly seen on the back

B:-Nape of the neck

C:-Buttocks

D:-Both 1 and 2

Correct Answer:- Option-D

Question77:-According to Sushrutha Samhitha which of the following "asmari" is "syava varna"?

A:-Vathaja Asmari

B:-Pithaja Asmari

C:-Kaphaja Asmari

D:-Sukrasmari

Correct Answer: - Option-A

Question 78:- According to S. Das Concise Text Book of Surgery, Erysipelas is

A:-Acute inflammation of the lymphatics of skin

B:-Acute inflammation of the mucous membrane of skin

C:-Chronic inflammation of the mucous membrane of skin

D:-Both 1 and 2

Correct Answer:- Option-D

Question 79: - According to Sushrutha Samhitha Abhyanthara Vidradhi caused by

A:-Long journey

B:-Sleep in day time

C:-Too much of copulation

D:-Not sleeping at night

Correct Answer:- Option-C

Question80:-According to Sushrutha Samhitha Anthra Vridhi is caused by

A:-Carrying heavy loads

B:-Falling from tree

C:-Horse riding

D:-Both 1 and 2

Correct Answer:- Option-D

 $\label{lem:question81:-Choose the correct answers from the following: \\$ 

Dhooma is mentioned as one among the causes of,

- 1. Netraroga
- 2. Siroroga
- 3. Pratisvava
- 4. Karna roga
  - A:-1 only
  - B:-1 and 2
  - C:-1, 2 and 3
  - D:-All the above

Correct Answer:- Option-C

Question82:-Atha pratathekshana is the cause for

- A:-Netraroga
- B:-Siroroga
- C:-Pratisyaya
- D:-Karna roga

Correct Answer:- Option-B

Question83:-Match the List-1 with List-2 and select the most appropriate answer using the code given below the lists.

List 1

Visesha Nidana mentioned in classical texts

- 1. Atiseeghra yana (Bhavaprakasa)
- 2. Abhighata (Astangahridaya)
- 3. Jala nimanjana (Susruta Samhita)
- 4. Pratisyaya (Astanga hridaya)

A:-1-b, 2-a, 3-c, 4-d

B:-1-d, 2-b, 3-a, 4-c

C:-1-d, 2-a, 3-b, 4-c

D:-1-b, 2-c, 3-a, 4-d

Correct Answer: - Option-D

Question84:-According to Astanga samgraha, Bindu Agnikarma with Twak Daha at a distance Approximately equal to the size of Mudha is done in

- A:-Krichronmeela
- B:-Pakshmoparodha
- C:-Pakshmasata
- D:-Adhimantha

Correct Answer:- Option-A

Question85:-Susruta indicates internal administration of Adraka rasa along with Ksheera in

- A:-Navapratisyaya
- B:-Pakvapratisyaya
- C:-Sushkakshipaka

List 2

Disease

- a. Karna srava
- b. Netra roga
- c. Pooyarakta
- d. Vataja karnasoola

D:-Karnasoola

Correct Answer: - Option-A

Question86:-Match the List-1 with List-2 and select the correct answer using code given below the lists.

List-1 List-2

Visesha nidana Name of the Disease 1. Badhirya a. Paka of Vidradhi

b. Kapha pittena vidagdha 2. Karnaksveda

c. Rookshakashaya bhojana, Srama, 3. Karnasrava

kshava

4. Pootikarna d. Karnanada Upekshana

A:-1-b, 2-d, 3-c, 4-a

B:-1-b, 2-c, 3-d, 4-a

C:-1-c. 2-d. 3-b. 4-a

D:-1-d, 2-c, 3-a, 4-b

Correct Answer: - Option-D

Question87:-According to Acharya Vagbhata, Exposure to heat and sudden immersion into cold water is the specific nidana of

A:-Ushnavidagdha Drishti

B:-Deepta

C:-Puyarakta

D:-Karnasoola

Correct Answer:- Option-A

Question88:-According to Acharya Susruta, Virechana followed by Seetadravya Anjana is the Vishesha Chikitsa in

A:-Pittaabhishyanda

B:-Pittavidagdha Drishti

C:-Amloshita

D:-Suktika

Correct Answer:- Option-D

Question89:-Match the following List-1 with List-2 and select the correct answer using the code given below the lists.

List-1 List-2

(Disease) (One among Visesa chikitsa)

1. Dantaharsha a. Sheetada chikitsa must be followed

2. Medaja Oshtakopa b. Nadi sweda with Eranda pallava siddha ksheera

3. Paridara c. Agnikarma is mentioned as a treatment modality by Susruta

Acharya

4. Vataja Oshta kopa d. Mamsa rasa and rasa yavagu is mentioned as Pathya by Susruta

A:-1-c, 2-a, 3-d, 4-b

B:-1-d, 2-a, 3-c, 4-b

C:-1-b, 2-c, 3-d, 4-a

D:-1-d, 2-c, 3-a, 4-b

Correct Answer:- Option-D

Question 90:-Which among the following diseases are caused by Abhishyanda as per the opinion of Acharya Dalhana?

- 1. Adhimantha
- 2. Avrana sukla
- 3. Akshipakatyaya

A:-1 only

B:-1 and 2

C:-1, 2 and 3

D:-None of the above

Correct Answer:- Option-C

Question91:-Which national program promotes exclusive breastfeeding during the first six months of life?

A:-Mission Indradhanush

B:-National Nutrition Mission (Poshan Abhiyaan)

C:-Janani Suraksha Yojana

D:-Rashtriya Bal Swasthya Karyakram

Correct Answer:- Option-B

Question92:-"Pushyanugam Churnam" is traditionally indicated for the management of all the following conditions except

A:-Athisaram

B:-Grahani

C:-Arsas

D:-Janthudosham

Correct Answer:- Option-B

Question93:-Sutika Upadravas (complications in puerperal women) are considered Krichra Sadhya (Difficult to treat) due to which of the following reasons?

A:-Ksheena Mamsa

B:-Ksheena Bala

C:-Ksheena Agni

D:-All of the above

Correct Answer: - Option-D

Question94:-Which of the following is a long-term consequence of chronic PID?

A:-Cervical dysplasia

B:-Uterine fibroids

C:-Hydrosalpinx

D:-Ovarian torsion

Correct Answer:- Option-C

Question95:-Which of the following is not a feature of Polycystic Ovary Syndrome (PCOS)?

A:-Irregular menstrual cycles

B:-Elevated serum prolactin levels

C:-Hirsutism

D:-Polycystic ovarian morphology on ultrasound

Correct Answer:- Option-B

Question 96:- A patient with pelvic organ prolapse reports a sensation of a vaginal bulge and difficulty urinating. Which type of prolapse is most likely?

A:-Rectocele

B:-Cystocele

C:-Enterocele

D:-Uterine prolapse

Correct Answer:- Option-B

Question 97:-In semen analysis, normal sperm concentration is defined as:

A:-≥ 5 million/mL

B:-≥ 10million/mL

C:-≥ 15 million/mL

D:-≥ 20 million/mL

Correct Answer:- Option-C

Question 98:-Which of the following is a common feature of both endometriosis and adenomyosis?

A:-Endometrial hyperplasia

B:-Chronic pelvic pain

C:-Postcoital bleeding

D:-Premature ovarian failure

Correct Answer:- Option-B

Question99:-"Priyangu Taila Kalka Pichu Dharana" is indicated in the management of which condition?

A:-Vathika Arthava dushti

B:-Paithika Arthava dushti

C:-Kaphaja Arthava dushti

D:-Rakthaja Arthava dushti

Correct Answer:- Option-A

Question 100:-Which of the following symptoms are characteristic of "Sushka

## Yonivyapad ?"

A:-Yoni sosham

B:-Vit sangam

C:-Muthra sangam

D:-All of the above

Correct Answer:- Option-D