

**DETAILED SYLLABUS FOR THE POST OF SPECIALIST - (MANASIKA) IN  
INDIAN SYSTEM OF MEDICINE.**

**CAT NO : 571/2024**

**TOTAL MARKS : 100**

<b>Heading</b>	<b>Sub heading</b>	<b>Marks</b>
<b>Module 1</b> Manasa prakruti Mano dosha, Manodoshs oushada, Satwa	Manasa prakruti and Personality types Satwa raja tama and its relationship with etiopathogenesis.  Basic concepts of manodosha chikitsa - Dee dairya atmadi vijnana.  Satwika, Rajasa and tamasa satwa and behaviour categories.	10
<b>Module 2</b> Satwa grading. Seizure disorders	Assessment of Uttama, madyama and heena Satwa. Its role in manoroga chikitsa. Role of dee dairya atmadi vijnan and its modern concepts.  Mental status examinations and other psychometric tools.  Seizure disorders - classification, diagnosis and management	10
<b>Module 3</b> Manovaha srotas Forensic psychiatry & psychology	Ayurvedic concepts of Manovahasrotas.  Modern Psychomotor physiology, Limbic system, Neurotransmitters, HPA axis, Gut brain axis, Gut microbiome theory.  Forensic psychiatry & psychology	10
<b>Module 4</b> <b>Child psychology</b>	Developmental psychology.  Adolescent psychology, Learning disorders  Epigenetics in personality modification, factors affecting personality formation, role of Psychotherapy in personality disorders.	10
<b>Module 5</b>	Assessment tools for Dee Driti &	10

<b>Dee druti smruti</b>	Smruti, Assessments of Cognition, Intelligence and memory.  Psychosexual disorders.  Dementia and management.	
<b>Module 6 Unmadam</b>	Ayurveda and modern correlations, Classifications, Etiopathogenesis, Treatment principles, Pharmacological & Non pharmacological management.	10
<b>Module 7 Chittodwega, Mood disorders</b>	Bhaya, Lobha, Shoka, Kama etc abnormalities and its management.  Bipolar mood disorders, Depressive disorders, maniac conditions and management.  Yoga and its importance in manasika chikitsa.	10
<b>Module 8 Alcohol &amp; Substance abuse.</b> Keraleeya visesha chikitsa in Manoroga	Alcoholic addiction, its psychosocial impacts and its management. Substance abuse disorders, various abuse drugs and its management mentioned in Ayurveda and Modern.  Keraleeya visesha chikitsa in Manoroga - Sirolepam, Dara etc	10
<b>Module 9 Sensorial disorders Gadodwegam</b>	Tandra, Murcha, Sannyasa. Delerium, Syncope.  Delusional disorders & Hallucinations.  Dissociative disorders and its management	10
<b>Module 10 Nidra, Brahmacharya, Rasayana</b>	Insomnia.  Geriatric psychology.  Panchakarma sodhana, Achararasayana, Medyarasayana, Various formulations in Manasika roga chikitsa	10

**NOTE: - It may be noted that apart from the topics detailed above, questions from other topics prescribed for the educational qualification of the post may also appear in the question paper. There is no undertaking that all the topics above may be covered in the question paper**