

**SYLLABUS FOR THE POST OF JUNIOR INSTRUCTOR (COSMETOLOGY) IN INDUSTRIAL
TRAINING DEPARTMENT ±CAT NO:671/2023**

(1) Personal grooming (10)

Personality Development

- Hygiene rules
- Basic of good grooming
- Posture
- Wardrobe planning
- Motivation
- Cosmetology as a career

Interactive Skills

- Professional ethics
- Client consultation
- Telephone etiquettes

Sterilization and Sanitization

- Purpose
- Definition
- Methods
- Procedure
- Saloon hygiene
- Safety precautions

(2) Epilation and depilation (12)

Temporary removal of Superfluous hair

- Hair growth cycle
- Purpose of removing superfluous hair.
- Definition and Methods of Epilation and Depilation
- Product Knowledge
- Allergy test
- Client consultation
- Procedure
- Contra-actions
- Contra-indications
- Safety precautions

Threading, Tweezing and Bleaching

- Purpose
- Definition
- Types and methods
- Client consultation
- Product knowledge
- Patch test
- Sterilization and Sanitation
- Procedure
- Contra-actions
- Contra-indications
- Safety precautions
- After care/Home care

(3) Manicure and Pedicure (10)

- Anatomy of Nail
- Classification and identification of nail diseases and disorders
- Purpose of manicure and pedicure
- Definition and Types
- Tools, equipments & product knowledge
- Client consultation

- Procedure
- Sterilization & Sanitation
- Contra-actions
- Contra-indications
- Safety precautions

Nail Art

- Precaution after Care, home care
- Related product Knowledge

(4) Facial treatments for common skin problems (12)

Facials

- Anatomy of Skin:-
- Skin structure
- Functions of skin
- Types of skin
- Classification & identification of common skin problems: -
 - Acne
 - Blackheads
 - Whiteheads
 - Disorders of sweat glands
 - Disorders of oil glands
- Meaning of Massage
- Types and benefits of massage
- Client consultation

Skin Analysis

- Tools, equipments & product knowledge
- Basic and deep cleansing
- Procedure
- Contra-actions
- Contra-indications
- Safety precautions

(5) Hair treatment for common hair problems (12)

Structure of hair, Science of Hair Structure of hair root & hair shaft Chemical composition

- Hair growth cycle
- Types of hair
- Hair texture, density, Elasticity & porosity

Head Massage, Shampooing, Conditioning & Deep- conditioning

- Purpose
- Product knowledge
- Procedure
- Benefits
- Precautions

Common hair problems:-

- Dandruff
- Hair falling
- Split ends
- Pediculosis
- Grey hair
- Dry & Chemically damage Hair

Hair Cutting & Blow-dry

- Facial shapes Knowledge
- Sectioning
- Elevation/Angles
- Length & perimeter

- Basics of Blow dry
- Tools knowledge
- Hair cutting techniques
- Safety precautions

(6) Day, evening, party & bridal makeup effects of light on makeup (11)

Make-up

- Skin Structure
- Purpose
- Effects of Light on makeup
- Color theory
- Basic facial shapes knowledge
- Product knowledge
- Types of make-up Day time
- Evening and Party
- Bridal
- Procedure of CTM
- Basic corrective make-up for: -
 - Cheeks
 - Nose
 - Lips
 - Jaws
 - Eyes
 - Eyebrows
- Make-up removal
- Tools & equipment hygiene
- Safety precautions

(7) Traditional hair styles & hair designing with artificial aids and thermal gadgets (12)

Hair Styling

- Knowledge of Facial Shapes.
- Purpose
- Types of hairstyling
 - a) Thermal styling
 - b) Roller Setting
 - c) Artificial Aids

Thermal Styling

- Blow drying
- Ironing/ Crimping
- Tongs

Wet styling

- Roller setting
- Artificial Aids
- Cleaning & maintaining of artificial aids
- Safety precautions

(8) Hair coloring, perming, straightening, rebonding & smoothening (11)

Hair Coloring

- Knowledge of Hair Structure
- Science of color
- Basic law of colour (colour wheel)
- Classification of hair color
 - Temporary
 - Semi-permanent
 - Permanent

- Types of hair color
 - Chemical
 - Vegetable
- Techniques
 - Pre-lightening
 - Global color
 - High lightening
- Numbering system
- Product Knowledge
- Allergy Test procedure
- Procedure of applying all types of hair color
- Contra-actions
- Contra-indications
- Safety precautions

Perming

- Definition
- Knowledge of Hair Structure
- Knowledge of Bonds
- Basic Perm technique
- Types of perm rollers
- Client consultation
- Scalp analysis
- Product knowledge
- Strand test knowledge & procedure
- Step by step procedure of perming
- Contra-actions
- Contra-indications
- Safety precautions
- Aftercare/Homecare

Straightening/ Rebonding/Smoothening

- Definition
- Knowledge of Hair Structure
- Knowledge of Bonds
- Client consultation
- Scalp analysis
- Product knowledge
- Strand test knowledge & procedure
- Step by step procedure of Straightening/Rebonding/ Smoothening
- Contra-actions
- Contra-indications
- Safety precautions
- Aftercare/Homecare

(9) Create bindi, henna & temporary tattoo designing, drape saree in different styles (10)

Indian traditional beauty concepts

Safety precautions related to practical topics

- Bindi designing
- Henna designing
- Temporary Tattoo making.
- Saree draping
- Contra-actions
- Contra-indications

NOTE: - It may be noted that apart from the topics detailed above, questions from other topics prescribed for the educational qualification of the post may also appear in the question paper. There is no undertaking that all the topics above may be covered in the question paper.